

Welcome back for this week's Gulf Coast Cowboy! The winter here is dragging on and on, cold days mixed with decent days. The one ray of sunshine that keep this Parrothead's spirits high, spring break, is coming up, though! This weeks episode is dedicated to the islands, hopefully where I'll be 2nd week of March. The warm sand, cool breeze, and a nice tall glass of..... water. Yes, I realize that it's just now the end of January, but, hey, I can dream, can't I? Join us this Wednesday at 7pm for your taste of the islands.



1. Back To The Island - Leon Russell
2. Knee Deep - Zac Brown Band (ft Jimmy Buffett)
3. Island Time - Kelly Brown
4. Back To Laid Back - Mark Mulligan

5. Island Girl - Elton John

6. Down Island Way (Alternate Mix) - Gene Mitchell

7. Island Hopping - Al Mosier

8. I Wish I Owned an Island - Don Middlebrook and Living Soul

9. One Particular Harbor - Jimmy Buffett

10. My Kinda Day on Padre - Larry Joe Taylor

11. Island - Trent Willmon

12. Back From The Islands - Rob Mehl